

So, you've been tasked with making your next conference, corporate event or team building session one to remember! RELAX – Noosa is full of inspiration – the perfect destination for team building or to say thank you for a job well done.

With world-class beaches & surfing reserves, iconic Noosa National Parks; ancient, tannin stained mirrored waterways of the Noosa Everglades, & award-winning restaurants within easy access, you are spoilt for choice in Noosa. You & your team are supported by the unrivalled natural assets of Queensland's first UNESCO Biosphere Reserve; state-of-the-art infrastructure including luxe accommodation from five-star hotels to unique eco & wellness retreats; & a range of team building experts & event organisers on standby to assist if you need a little local knowledge & advice.

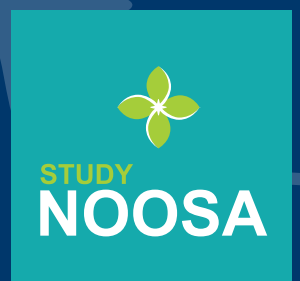
Our three-day sample itinerary, is just a taste of what's on offer. Team building, incentive and partner program activities can range from delegates outwitting & outlasting each other to Amazing Races in Noosa; budding Master Chefs testing their skills in professional restaurant kitchens; fine dining on a deserted beach; gala dinners and poolside soirees; kayak adventures; beach yoga; golf on a top-ranked courses in the country; or an early morning hike before a day of brainstorming. And when it's time to get down to work, choose from a range of formal & informal meeting & presentation spaces tailored to your needs.

Whether your corporate goal is to challenge, energise, inspire, motivate, upskill or reward, Noosa has a venue & experience perfect for you & your team.

# TEAM BUILDING IN NOOSA



## INSPIRATION & MOTIVATION



Set amidst a backdrop of pristine coastline, rivers, waterways, lush rainforest, rolling hinterland & hills, welcoming villages, superb cuisine, Noosa has you covered when it comes to the place to learn, inspire & build team culture.

With a range of accommodation, facilities, & event support to suit groups of all sizes & budgets we invite you to step outside the everyday & discover what's on offer in Noosa in this three-day itinerary, which can be easily modified for more time, or less...

## 3 DAYS IN NOOSA



### DAY 1: Beach Olympics, Film Festival & Red-Carpet Cocktails

#### MORNING

Harness your inner athlete & team spirit with an 'all-level' Beach Olympics. Our Noosa beaches offer golden sand, sparkling water & beautiful weather – let the games begin...

- Test your speed, strength & stamina with dodge ball, Tug-O-War, Beach Volleyball, track & field (Noosa style), soccer & relays complete with eggs & water bombs!
- Tailored to suit your objectives & people of all ages & abilities
- Beach Olympics offers a unique opportunity for healthy competition & defined team roles

#### LUNCH A BBQ seafood lunch served al fresco to your beach location

#### AFTERNOON

Lights. Camera. Action. Bring out your team's inner creative with your very own Short Film Festival. Teams are coached & instructed in the finer processes of short film or TV commercial production. Groups are mentored by industry professionals in acting, camera, sound, make up, costuming, set design & script writing. You even get a fun-filled prop box! This activity promotes team relationships & themes can be tailored to fit your organisation's needs.

To relax & recharge, before the evening's festivities, we suggest some time out in one of Noosa's renowned day spas, or hit the ocean for a refreshing dip.

#### EVENING

Take to the red carpet for a glam Gala cocktail dinner (think not quite OSCARS). Groups see their creative efforts on the screen culminating in the Short Film Festival awards.

### DAY 2 – Everglades Kayaking, Survivor 4wd Challenge & Sunset Cruise

#### MORNING & AFTERNOON

Start the day with yoga on the beach or a leisurely guided walk through Noosa's famed National Park, with 15 kilometres of walking tracks & spectacular ocean views. Breakfast options abound – from poolside or restaurant at your hotel to taking in the view of Laguna Bay from a beachside eatery, or a BBQ by the river.

All day team-building options include:

- **A Noosa Everglades kayak treasure hunt**
  - Explore the rare natural wonders & diverse eco-system brimming with native flora & fauna in one of the world's only two Everglades systems
  - Using maps, teams will be asked to solve clues & work through custom-designed challenges
  - Teamwork, communication, speed & brain power are required for this mental & physical challenge.
  - The day includes an Aussie style BBQ lunch on the riverbanks
- **Noosa North Shore Survival Challenge**
  - Travel by 4WD along Noosa's North Shore to Double Island Point, see the incredible coloured sands of Teewah Beach & magnificent views of Fraser Island
  - On arrival at your Double Island Survivor Base Camp, your group will be briefed & divided into teams with bandannas
  - Compete for immunity points & rewards on wide empty beaches, crystal clear tropical waters and flat-water lagoons in a series of physical and problem-solving challenges
  - Along the way you're likely to have at least one close encounter with local wildlife like dolphins, whales, turtles, manta-rays, birdlife & more
  - Enjoy a sumptuous picnic lunch on your own stretch of beach
  - Add on options to the day include - ocean kayaking, stand up paddle boarding, surf lessons and kitesurfing

#### EVENING

Our day ends with a beautiful, relaxing sunset dinner cruise along the stunning Noosa River. A number of River boats operate sunset dinner cruises and private charters which can be tailored to suit your style of event with live music and a range of menus.





## DAY 3 – Noosa's Amazing Race, Abseiling, Cook Like A Masterchef

### MORNING

After a relaxing breakfast, it's a super charged morning with the 'Amazing Race – Noosa Style'.

- Work through a series of tailored, interactive challenges to win the ultimate race against time
- Teams are closely monitored, as they negotiate their way on foot, on surf craft, on mountain bikes & public transport, across, around & through the Main Beach, Hastings Street, Noosa Woods & Noosa Junction precincts & back through Noosa National Park, as they try to beat the other teams to the next checkpoint
- Each team is given a set of clues for activities & challenges along the way to the finish line. This varied activity provides a good mix of leadership, teamwork, communication & problem-solving

A gourmet, picnic style lunch of Sunshine Coast produce is the ultimate reward.

### AFTERNOON

Afternoon activities depend on your group energy level & options include abseiling or a culinary challenge!

- **For abseiling head to glorious Mount Tinbeerwah.** After an equipment & safety briefing, participants are trained in a flat ground practice abseil, where they learn the basic skills & procedures involved in abseiling. Under the guidance of qualified instructors, your team members can take on an awesome 30-50 metre rock face descent! This is a fantastic confidence building activity where participants face their fears & learn to handle stressful situations. It is also great for developing endurance & flexibility, co-ordination & problem-solving skills. Participants will also experience sunset from a stunning perspective, taking in the uninterrupted views of Noosa's Hinterland as you abseil down the mountain.
- **For the Noosa MasterChef Challenge** groups test their culinary skills while working together as a team. After a briefing from the Head Chef, your team is outfitted with the right gear & given access to the pantry to start planning their menu. The Head Chef will mentor, advise & assist teams as they design their menu, prepare themed courses, butcher, debone & fillet, design table settings & set their fine dining table.

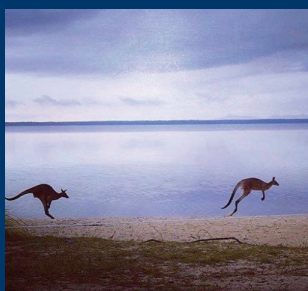
### EVENING

After a champagne & canape sunset from Mount Tinbeerwah, the Noosa River mouth or by the 'Master Chef' venue pool, head to one of Noosa's award-winning restaurants or enjoy your own Master Chef meal & hear from the esteemed judging panel who is crowned Champion



## ACCOMMODATION & FACILITIES

# AT A GLANCE



### Peppers Noosa Resort & Villas

- > 165 rooms with a mix of 1 & 2 bedroom apartments, 3 bedroom penthouses, and 3 & 4 bedroom villas, with a total capacity of 586 guests
- > Located in heart of Noosa National Park, 500 metres from Hastings Street & beaches
- > One of Noosa's largest conference venues - host 350 delegates theatre style, up to 1,000 cocktail style
- > Pre-function Terrace, smaller meeting rooms, 89 seat theatre
- > View by Matt Golinski -
- > Stephanie's Ocean Day Spa, Fitness Centre, & heated pools
- > Private look out & direct access to Noosa's National Park

### Sofitel Noosa Pacific Resort

- > Luxe - 176 studio rooms, suites and villas
- > Hastings Street location
- > Over 720 square metres of function spaces - 7 meeting rooms including Noosa Ballroom (capacity 350 theatre /180 banquet) style
- > Outdoor terrace for breaks, exhibitions and launches - poolside cabanas
- > Wireless connectivity, state-of-the-art technology, experienced onsite technical team
- > Coastal dining at The Noosa Beach House by Peter Kuruvita
- > Aqua Day Spa

### RACV Noosa Resort

- > Well-appointed suites & self-contained apartments, private balconies or terraces
- > Small to medium sized corporate groups - up to 180 delegates
- > Versatile meeting spaces - five flexible-format rooms poolside & alfresco areas
- > Arcuri Restaurant - modern Australian cuisine, poolside setting, indoor & alfresco

### Habitat Noosa Everglades Ecocamp

- > A range of accommodation options to suit all styles & budgets
- > Camping- Wilderness Tents
- > Glamping - Paperbark Glamping Tents

- > Airconditioned 4-berth cabins
- > Conference facilities
- > Qualified Outdoor Education & Team building instructors
- > Guided tours & Everglades Eco cruises
- > Onsite bistro, micro-brewery & catering facilities

### NEED TO KNOW MORE?:

Noosa has a range of facilities & a team of event & conference professionals. A good starting point is [CLICK HERE](#)

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